



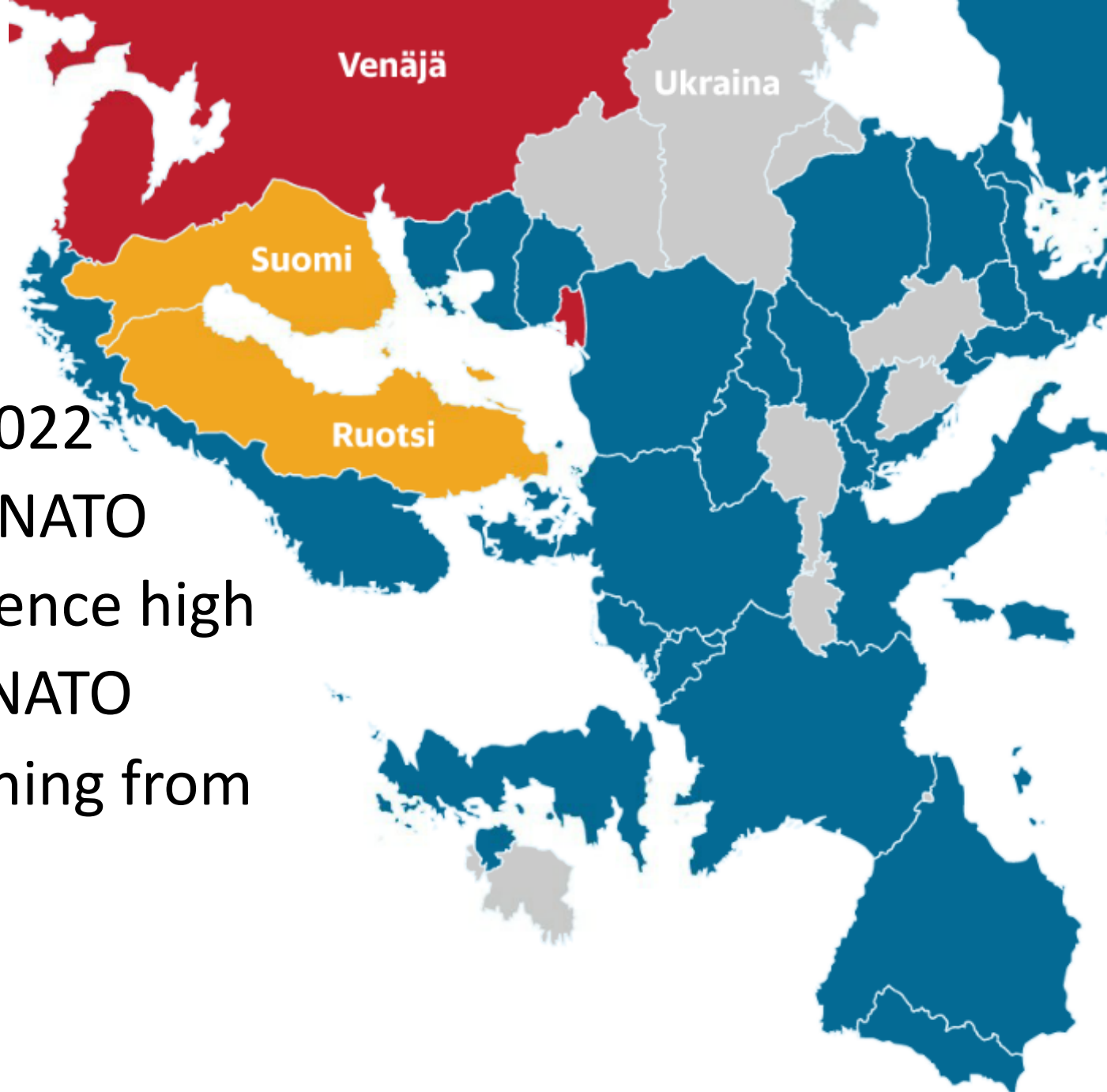
# What can we learn from the Finnish civil preparedness – building resilient society

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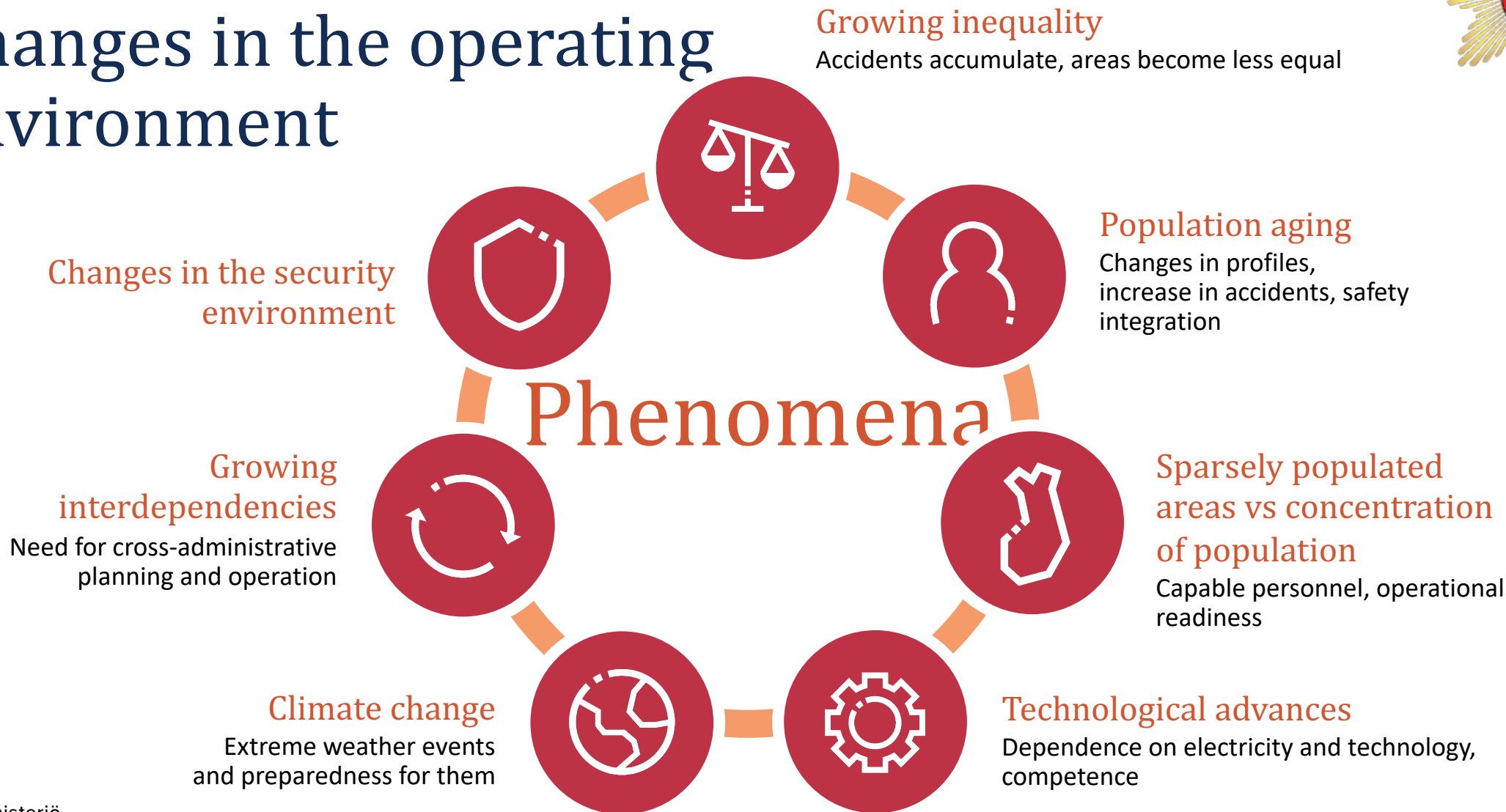
# Changes in the security environment

- Russia's attack on Ukraine 2022
- Finland and Sweden joining NATO
- Civil preparedness and resilience high on the agenda in EU and in NATO
- Support to Ukraine and learning from our Ukrainian colleagues





# Changes in the operating environment



# Whole-of-society approach

- Finland has a long tradition of preparing for crises and incidents.
- In Finland, preparedness is based on **the concept of comprehensive security**.
- All actors in society cooperate in the preparedness and operations related to incidents and crises.





# Rescue Services' role in building resilient society



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- Preparing for different scenarios and incidents
- Involving children and youth in contract-based rescue services
- Accident prevention
- Local and regional cooperation
- Lessons learnt from Ukraine





# Disaster risk awareness and preparedness of the EU population



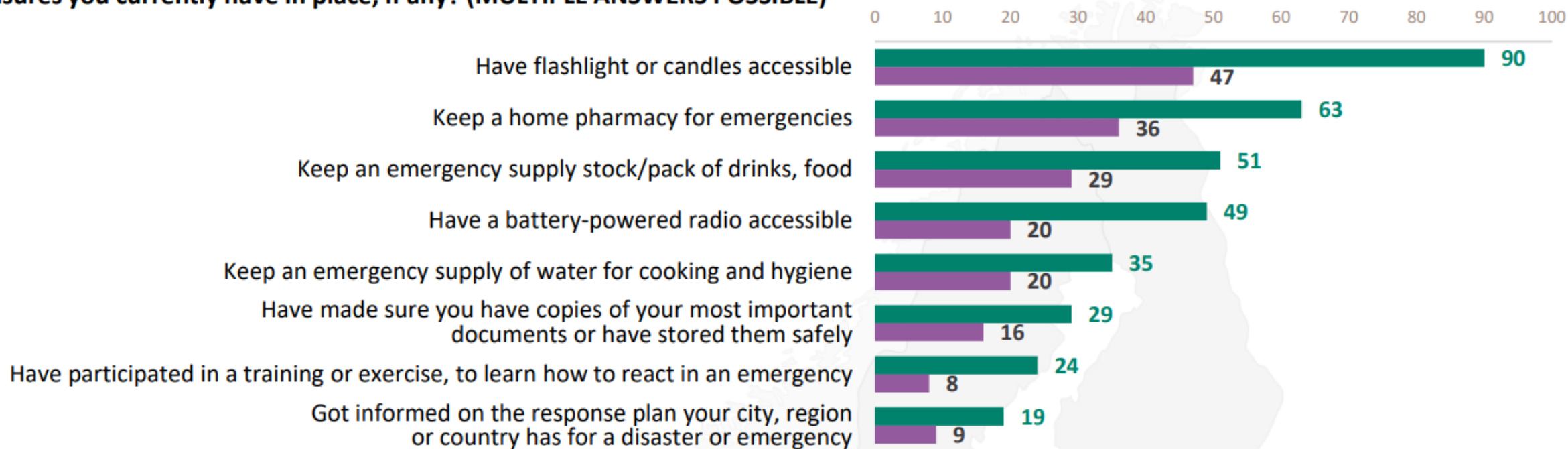
Finland

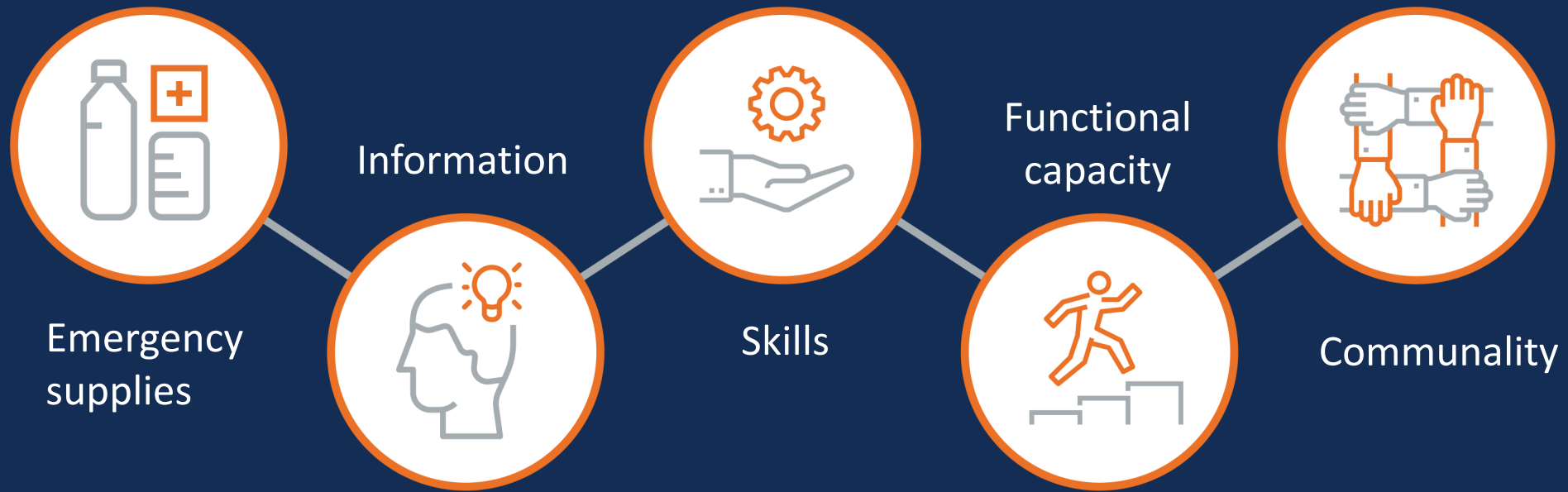
Fieldwork EU: 07 February - 03 March 2024  
TOTAL EU: 26 411 INTERVIEWS

Fieldwork FINLAND: 7 February - 28 February 2024  
TOTAL FINLAND: 1,024 INTERVIEWS

## MEASURES UNDERTAKEN TO PREPARE FOR A DISASTER

QC6. Below is a list of things you and your household, can do yourself to be prepared for a disaster or emergency. Please tell me which of these measures you currently have in place, if any? (MULTIPLE ANSWERS POSSIBLE)  
(%)





Preparedness means preparing for various incidents, crises and emergency conditions in advance.



# What motivates the civilian population to act correctly in crisis situations?

## Autonomy

- Your **own action** matters.
  - Strengthening the sense of control.
- Responsibility of **individuals**.
- Preparedness increases the **sense of security**.

## Competence

- Allocation **and clear instructions**.
  - Who will act and how?
  - Easy to act.
  - Especially in a state of fear.
- **Avoiding a sense of threat**.

## Cohesion

- **Together we are stronger**.
- In crisis, people have a strong desire **to act and help others**.



# Preparedness Guide instructs how to prepare for incidents and crises

- Preparedness is an important civic skill in the current uncertain world situation.
- Society's resilience is strong when people know how to prepare materially and mentally in advance and how to act during crises.
- This will also improve people's ability to help others in their surroundings.
- The authorities can then focus on solving the situation and helping the most vulnerable groups.

[Suomi.fi/preparedness](https://Suomi.fi/preparedness)



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**Prepared people  
cope better**

Read the preparedness guide  
– and you'll know what to do.

# Home emergency supplies for at least 3 days

- Home emergency supplies form an excellent basis for preparing for many situations.
- Home emergency supplies include water, food, medicines and other essential supplies.
- The recommendation is to reserve enough supplies to last you and other members of your household for at least 3 days.



# Finland has around 50,500 civil defence shelters with space for 4.8 million people



Privately owned

80 %

of shelters



Public owned

20 %

of shelters



Public rock shelters

0,2 %

of shelters



# Guides for Self-Preparedness for Emergency Conditions

- 1) Guide on the emergency plan
  - 2) Guide on the activation and use of civil defence shelters
  - 3) Guide on the maintenance and periodic inspection of civil defence shelters
- Guides were published in January 2026.
  - The aim of the project was to **clarify the obligations** of the legislation and to **harmonise** the operating models of different actors related to rescue planning and civil defence shelters.
  - The project was carried out in **broad-based cooperation** involving not only rescue services but also citizens, the third and private sectors through working groups.

Ukraine's experiences were taken into account.



# Sisäministeriö

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